



Boot Recommendations

	LS 2010	LS 1310	HLS 1500	875 TS	435 TS	2200 Synchro	4200 Dance	910 LS	255 TS	133 TS	121 RS	115 RS	110 RS
ISI TEST LEVELS	Tot 1, 2, 3 & 4												
	Pre-Alpha												
	Alpha												
	Beta & Gamma												
	Delta												
	Freestyle Test 1 & 2												
	Freestyle Test 3 & 4												
	Freestyle Test 5												
	Freestyle Test 6 & 7												
	Freestyle Test 8												
Freestyle Test 9 & 10													
USFSA BASIC SKILLS PROGRAM	Snowplow Sam 1, 2 & 3												
	Basic 1, 2 & 3												
	Basic 4 & 5												
	Basic 6												
	Freestyle 1 & 2												
	Freestyle 3 & 4												
	Freestyle 5												
USFSA STANDARD TESTS	Freestyle 6												
	Preliminary Free Skate												
	Juvenile Free Skate												
	Intermediate Free Skate												
	Novice Free Skate												
	Junior Free Skate												
	Senior Free Skate												
	Adult Bronze Free Skate												
	Adult Silver Free Skate												
	Adult Gold Free Skate												
	Intermediate Pair												
	Novice Pair												
	Junior Pair												
	Senior/Gold Pair												
	Novice/Junior Dance												
	Senior/Adult Dance												
	Preliminary Synchro												
	Juvenile Synchro												
	Intermediate Synchro												
	Novice Synchro												
Junior Synchro													
Senior Synchro													
Adult Synchro													
CANADIAN TEST GUIDELINES	Skate Canada 1 - 4												
	Skate Canada 3 - 7												
	Skate Canada 5 - 7												
	Preliminary Freestyle												
	Preliminary Dances												
	Junior Bronze Freestyle												
	Junior Bronze Dances												
	Senior Bronze Freestyle												
	Senior Bronze Dances												
	Junior Silver Freestyle												
	Junior Silver Dances												
	Senior Silver Freestyle												
	Senior Silver Dances												
	Pre-Novice Competition												
	Gold Freestyle, Gold Dances, Novice/Jr Competition												
	Gold Freestyle, Gold Dances, Diamond Dances, Sr Comp.												
	Juvenile Synchro												
	Novice Synchro												
	Junior Synchro												
	Senior Synchro												
Adult Synchro													

Endorsed by the Professional Skaters Association

